

**Y10 End of Year Exam Preparation: *Food Preparation and Nutrition***

**Exam(s):**

Exam 1: *Food preparation and nutrition (90 marks)*

<b>Revision Topic List</b>	
<b>Content</b>	<b>Skills</b>
<ul style="list-style-type: none"><li>● Choux pastry</li><li>● Food spoilage</li><li>● Macronutrients</li><li>● Vegetarian diets</li><li>●</li></ul>	<ul style="list-style-type: none"><li>● Knowing the science behind choux pastry.</li><li>● Enzymic browning, food spoilage and food poisoning bacteria.</li><li>● Showing knowledge of all 3 macronutrients and what they do to the body.</li><li>● All aspects and types of vegetarian diets</li></ul>

**Tips on different revision techniques, including subject specific activities can be found in the [Student Study Support Guide](#).**