

LIFE SKILLS



Why is this learning important?

We recognise that completing a language is not always the right path for all of our students, for a variety of reasons, and that some of our students will benefit from a reduced number of options and extra support in specific learning areas to help them reach their full potential.

The Life Skills, non-Language pathway option, is designed to provide a flexible approach to the curriculum that is supportive of individual students' needs. The exact curriculum for Life Skills changes each year, depending both upon the staff who deliver the course and the students who are in the class, but will include extra support with Literacy and Numeracy, and feature a number of entry-level up to Level 1 short courses based on the ASDAN Personal Development Programme. This course aims to develop students' skills in six areas: Ability to learn; Teamwork; Problem solving; IT skills; Literacy; and Numeracy.

What will I learn?

Students will be guided through a variety of learning modules, working at their own individual level to complete challenges and gather evidence of their proficiency across a range of curriculum topics, including (but not limited to):

- Communication
- My community
- Sport and leisure
- Independent living
- My environment
- Number handling
- Health and wellbeing
- World of work
- Science and technology
- The wider world
- Expressive arts
- Beliefs and values

As students complete courses and collect evidence, they will gain credits which will build up towards a Bronze, Silver or Gold certificate of Personal Development. A full overview of the ASDAN short courses can be reviewed here: <https://www.asdan.org.uk/courses/short-courses/>

Please note that the exact curriculum that is delivered will be adjusted based upon the learning needs of students, and the staff who are timetabled to deliver the Life Skills course each year.